

MANSARAOVAR YATRA 08 NIGHTS 09 DAYS

SURAKSHA TOURS AND TRAVELS HUBLI



Days	Outline Itinerary
Day 01	Arrival at Lucknow - Drive to Nepalgunj (150m)
Day 02	Nepalgunj - Fly to Simikot(45 Min - 2800 M)
Day 03	Simikot - Fly to Hilsa by Heli - Drive to Purang(3700 M,35 km 1.5 hrs)
Day 04	Acclimatization Day (3900M)
Day 05	Purang - Mansarovar Parikrama(102 km 4/5Hrs) Bath,Pooja,Homa(4550 M)
Day 06	Mansarovar - Drive to Darchen(4600M,58 Km 2 Hrs)- Trek to Deraphuk(4860 M ,12 Km)
Day 07	Deraphuk - Dolmala Pass(5630 M) - Trek to Zutalphuk(4600M ,22 Km)
Day 08	Zuralphuk - Trek to Darchen(08 Km,3 Hrs) - Drive to Hilsa(3500 m)
Day 09	Hilsa - Fly to Simikot by Heli - Fly to Nepalgunj - Drive to Lucknow

Brief Itinerary for Mansarovar Yatra

Day 01: Arrival in Lucknow - Drive to Nepalgunj (200 km ,5/6 Hrs 150 M)

Upon arrival in Lucknow Airport, you will be greeted and assisted by our representative after completing your custom formalities, drive to Nepalgunj(190 Km,6 Hrs)Arrive at Nepalgunj transfer to the Hotel for check-in.overnight at Nepalgunj Hotel.

Yatra Briefing: Before dinner a Short briefing about Kailash Mansarovar Yatra

Day 02 : Nepalgunj - Fly to Simikot (2800M,45 Minutes)

After breakfast transfer to domestic airport ,fly to Simikot by arrive at Simikot airport, transfer to hotel for check in. Evening short walk to lord Shiva Temple back to hotel .Overnight at Simikot.

Day 03 : Simikot - Fly to Hilsa by Helicopter - Drive to Purang (3700M ,35 Km ,1.5 Hrs)

After breakfast fly to Hilsa by Helicopter (20 Min, 15 Kg weight limit for baggage) wait for the others member to arrive at Hilsa (since it is a group visa and everyone have to enter Tibet side in one group) complete immigration & custom formalities in Nepal and China side then continue drive to Purang (30 Km ,1 Hrs ,on the way we have to pass up to 2 Checkpoints where checking might take up to 1 hour each check post) transfer to the Hotel for check-in.overnight at Purang hotel.

Day 04 : Acclimatization Day at Purang(3900M)

After breakfast all day is free for acclimatization today you can buy Kailash kora clothes,bottle,sticks & others trekking gears for Parikrama.Overnight at Purang hotel.

Day 05 : Purang - Drive to Mansarovar Parikrama (4550M,102 Km 4 Hrs ,Holy bath,Pooja,Homa)

After breakfast drive to Rakshas Tal (40 km, 1.5 hrs) on the way you will have to pass a check point.After reaching Rakshas Tal you will see Gurla Mandhata Parvat & first view of Mt.Kailash south face and Manasarovar

Lake, 40 Km drive we reach Manasarovar then start Parikrma of Mansarovar Lake by Vehicle and Overnight at the Shore of the Lake.



Day 06 : Mansarovar - Drive to Yamdwar(58 km,2 Hrs) - Trek to Diraphuk (4860M,12 Km, First Day of Kora)

After breakfast short drive to Darchen, visit Yamdwar.This is starting point of Kora.We will trek to Diraphuk which is 12 km trek (7/8 Hrs) crossing west face of Mt.Kailash,You will visit North face of Mt.Kailash. Arrive at Diraphuk ,transfer to the Guest house for check-in.overnight at Diraphuk.

Day 07 : Dirapuk - Trek to Zutalphuk (4600M,22 Km, 2nd Day of kora-Cross Dolmala Pass)

After breakfast trek to Dolma -La Pass and trek to Zutalphuk(22 Km,9/10 hrs Trek).This is the most difficult journey throughout the the yatra since you have to trek up to (5630m) height. From decent to Gaurikund and trek to Zutulphuk following river. Arrive at Zutalphuk transfer to the Guest house for check-in.overnight at Zutalphuk.

Note: If you are not doing Parikrma, then you will be trek back to Darchen till Parikrma finish.

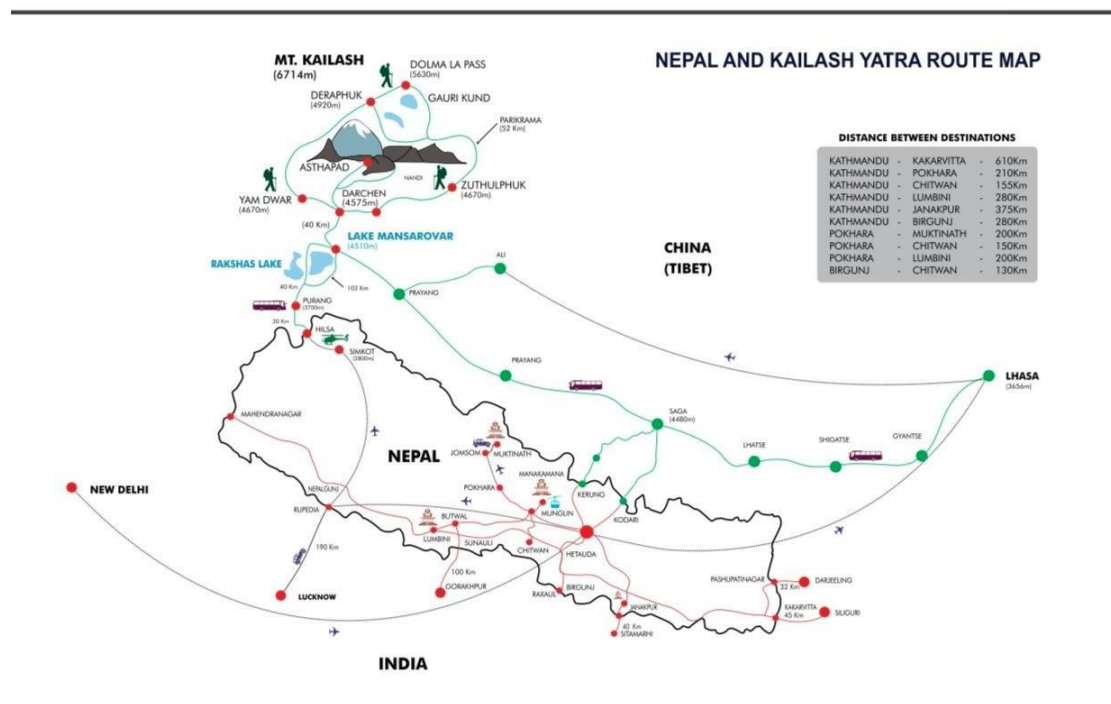
Day 08 : Zutalphuk -Trek to Darchen(08 Km ,3 Hrs)-Drive to Hilsa (3700m)

After breakfast short trek (8 Km ,2 Hrs) and reach to the point where our coach will be waiting and we will drive to Darchen and merge with

other member who were waiting and drive to Hilsa.China-Nepal both side border formalities transfer to hotel for check in.Overnight at Hilsa.

Day 09: Hilsa - Fly to Simikot by Heli - Fly to Nepalgunj by Flight - Drive to Lucknow

After breakfast fly to Simikot (20 Mins) by Helicopter, catch a flight from Simikot to Nepalgunj (50 mins) arrive at Nepalgunj transfer to hotel for fresh up later drive to Lucknow for final departure.



Kailash Mansarovar Yatra Departure for 2025 by Helicopter Route

	May	June	July	August	Sep
Full Moon Dep.	08	08	06	05	03
Normal Dep.	14	14	12	11	09
	20	20	18	17	15
	26	26	22	23	21
	31	31	28	29	27

Full Moon Nights at Mansarovar for 2025

May - 12 May - Full Moon

June - 12 June - Full Moon

July - 10 July - Full Moon

Aug - 09 Aug - Full Moon

Sep - 07 Sep - Full Moon

Cost for the Yatra : INRPer Person

Cost Includes

- .Traditional welcome on arrival
- .01 Night accommodation at Nepalgunj on Double/Twin sharing basis(3 Star Premium)
- .01 Night accommodation at Simikot on sharing basis(Guest house)
- .01 Night accommodation at Hilsa on sharing basis(Guest house)
- .05 Night accommodation in Tibet on sharing basis(Guest house)
- .Nepalgunj - Simikot - Nepalgunj flight cost(19 Pax)
- .Simikot - Hilsa - Simikot helicopter cost(05 Pax carry at a time)
- .Tibet travel Permit & Visa fees
- .Humla trekking Permit and fees
- .English speaking Tibetan guide for customers formalities
- .Nepali Supporting Staff(cook,Sherpa & helper) 5:1 basis
- .Buffet vegetarian meals during Yatra on AP basis(Breakfast,Lunch & Dinner)
- .Nepali experienced Team Leader/Guide during Yatra
- .Supporting truck to carry equipment
- .Mansarovar and Kailash Yatra Permit fees
- .Duffel bag for carrying goods during Yatra
- .Back pack bag for personal items to carry and Cap
- .Warm down Jacket refundable
- .First aid medical kit bag & Oxygen cylinder
- .Emergency evacuation management during Yatra
- .Round trip transportation in Tibet AC Luxury coach
- .Arrival and departure transfer with assistance by A/C Vehicle
- .All sightseeing and excursions as mentioned in the itinerary.
Vehicles are not to be at disposal and are available as per itinerary only (point to point basis).
- .Kailash Yatra appreciation certificate

Cost Excludes

- .Personal expenses and travel Insurance
- .Medical expenses and Emergency rescue evacuation expenses

- .Horses,Pony and porter during Kailash Parikrama
- .Tips for Guide, Porter, driver and personal expenses
- .Extra Hotel charges in Nepal side if early return from Tibet
- .Any additional cost due to natural calamities and unforeseen circumstances
- .Visa splitting charge and extra transportation cost, if returning early from Yatra
- .5 % GST if you pay in India account

Important Information

Above rates are valid for 2025 Yatra and any increase in USD will applicable if the rates drastically go up. Also, if the visa has to issue urgent basis, the cost would be extra, since all package cost is based on normal days visa processing.

Basic Information About Kailash

Start Point: Lucknow

End Point: Lucknow

Max Altitude : 5630m(Dolmala Pass)

Altitude of Kailash Peak : 6714m

Season for Yatra : May to September

Temperature: Max 20°C to Min - 10°C

Altitude of Manasarovar Lake : 4550m

Parikrama of Kailash : 52 Km

Parikrama by walk : 42 Km in three days

Distance From Ktm: 1050 KM (one way)

Parikrama of Manasarovar Lake : 102 Km

Climate: Unpredictable

Documents requirement for Kailash Yatra

.Passport valid for at least 6 months

.Age Bar Above 70 years old.

.Scan Passport Xerox copy should be reached Head office, Kathmandu prior 60 Days.

.Original passport should be reached 15 days prior to the Yatra at Kathmandu Office

Mode of Payments

.25% of the total cost should be paid for booking the Yatra

.Full payment should be made before 15 Days of departure date to

Kailash Mansarover Yatra

Yatra Cancellation Policy

- .All notice of cancellation must be sent to our office in written
- .Verbal cancellations will not be entertained
- .45 days before Yatra departure date, 25% of total Yatra cost will be deducted
- .30 days before Yatra departure date, 50% of total Yatra cost will be deducted
- .There will be no refund at all if you cancel the Yatra less than 15 days before the departure date

Terms & Conditions

These booking Terms and conditions contain important information. It is essential that you read them carefully and understand them as they apply to all services provided by the Company.

Travel Insurance

We advise you to purchase comprehensive travel insurance package against medical, nature calamity, helicopter evacuation, personal accident and cancellation etc. we do not have any insurance policies we sell but it is available from India base insurance company.

Changes By You

If you wish to change your tour, you must inform our staff at least 30 days before the tour. Any extra charge or loss incurred due to such change will be borne by you.

Cancellation By The Company

We may be obliged to cancel your trip by reasons like border closed, permit not issued or cancelled by the government, war, riots, civil disturbances, strikes, natural disasters, terrorist activities or threat of such and closure of airport etc. Under such circumstance, we will advise you as soon as possible if we can offer you an alternative trip of comparable standard or make a refund of the money paid to us after deducting the expenses that was spent to make the bookings of the flights, visas, permits, hotels and vehicle booking. A clear bill of the expenses will be provided to you so that you will be able to claim the insurance. However, we can be under no other liability to you in such cases. Sometimes Chinese government personnel will refuse to give you

entry even if you have permit if they think you are not eligible based on their criteria. Please do not start your journey until you get confirmation of permit.

Important Pre Departure Information

Clothing

Casual wears and comfortable walking shoes are the rule of Tibet. Be sure to bring warm clothing as nights and early mornings can be quite chilly to cold. Indian Pilgrims are advised strictly not to wear Sari during this yatra. Bring all the film, medicine, cosmetics, personal toilet items etc. that you will need from home as these are difficult if not impossible to obtain on the way. A small first aid kit is also a good idea. Also quite useful is a route map, to know where you are going and have been each day.

What To Take

Winter wear: Gore-Tex material, though expensive, is highly recommended. Down jacket, raincoat or windbreakers, thermal under wears, Jackets, warm trousers & woolen shirts (cotton will also do), warm sweaters, woolen gloves, sun hat, comfortable shoes, light leather boots in case of snow, woolen balaclava ('monkey cap') & scarf/dust mask to protect your eyes & nose from dust.

Bring With You

You may bring the snacks for along the way such as chocolates, dry fruits, toffees etc. Strong water bottle & water purifying tablets. Personal medical kit and Diamox tablet (for high altitude). Sun glasses (to protect your eyes from UV, which is especially strong in high altitudes).

Sun block or sun screen lotion, wet tissues (Fresh-ones are excellent to wipe off the dust), clothes-line/clips, needle & thread, body spray (handy for smelly boots/feet and for a round of spray in the toilet tent!), toilet paper, torch & spare batteries, day pack (small shoulder bag), Camera & films, Binocular.

Health

This is one of the toughest high altitude road journeys on earth. You Must be physically fit - no two ways about that. Generally patients with

asthma & heart problems have a problem acclimatizing to high altitudes. In your interests it is essential you should be examined by your doctor to know about your health condition and your ability to cope up with the rigors of high altitude travel for days in 'no road' conditions, extreme cold, dust, trekking to an altitude of 19500ft during the Parikrama, etc.

Altitude Sickness

As you are traveling over high terrain, you are likely to experience symptoms and discomfort of altitude sickness (headache, loss of appetite, nausea, exhaustion, sleeplessness, breathlessness etc.) until your body adjusts to the elevation. This can take a couple of days or more depending on an individual. For this reason alone, we have made it mandatory to stay 2 nights at Mansarovar (4550M) moving on to the higher altitudes.

Drink plenty of water, be calm, and do not exercise. Do not drink alcohol or smoke prior to and during the tour. We also recommend you carry a strip of diamox tablets. We provide Gamow bag (a special equipment to prevent sickness from high altitude) on this tour.

Currency

The unit of Chinese currency is Yuan. USD 1 = 7.02 Yuan & 1 Yuan = INR 11.90 approx. (as of December 2025). Money can be exchanged at Bank of China at Kyirung county. Exchange all your remaining Yuan at Kyirung county.

Risks & Liability

Company and its associates will put every effort to make your journey smooth and pleasant. However, all the tours in Tibet are conducted strictly under the rules & regulation of Tibet Tourism Bureau (TTB). Therefore, Company and its counterpart shall not be responsible for any change and alteration in the program due to unavoidable circumstances such as landslide, road blockage, flood, snow, political unrest, and cancellation of flight, delay arrival, sickness or accidents. Any extra cost incurred thereof shall be borne by the clients on the spot.

If you require more information please do not hesitate to contact us anytime. Please find the contact details above.

